



## Care Card

Giving time and taking care of yourself in an Apple's world, refined and conducive to relaxation, this is what the Spa Pom offers you !

A range of care tailored for each person, and follows specific protocols developed by graduate practitioners.

### *The opening Hours*

Sunday to Thursday : 10 a.m – 1 p.m / 2 p.m – 7 p.m.

Friday & Saturday : 10 a.m – 1 p.m / 2 p.m – 8 p.m.



Spa Pom - Domaine de Villeray 61110 Sablons-sur-Huisne

+33(0)233831101 / #151 from your room / [www.spapom.com](http://www.spapom.com) / [contact@spapom.com](mailto:contact@spapom.com)

## Spa Access

### On Reservation (limited places).

A relaxation's invitation into the spa :  
Sauna, Hammam, Hydro-massage pool, heated recliners and relaxation area and tea room.  
Towel, bathrobe sheets and slippers are provided.

\* Resident customers : (2 days) **28 €**

\* Outsider customers : (half-day : 10 am – 2 pm ou 2 pm – 6 :30 pm)  
week **29 €** / week-ends and holiday **38€**



Spa Access is available for any 50min minimum service purchased on the half-day of the care only (for all customers).

18 € instead of 28 € the day before or after massage booking for one hour for resident customers.

## Jacuzzi Access

Extend your relaxation with a **private** session.

### On Reservation (limited places).

\* Jacuzzi : 30 min : **18 €**



## Abonnements

\* Nominative treatment package : 5h : 385 € / 10h : 730 €

According to your needs, allocate your hours as you wish based on 50 min minimum in every reservation. Valid 1 year.

\* Nominative 10 access card:

10 Access Spa half-day + 1 offered, valid 1 year : 290 €

\* Nominative privileged card (Access spa illimited) :

Annual Card : 985 €

For the purchase of a Privilege Card, benefit in addition to 15% discount on care and/or products (excluding Apple Day formula and treatments packages).

## Practicales Infos

All our treatments are possible in single cabin or double cabin.

Our massages are wellness and relaxation treatments and non-therapeutic and non-medicalized treatments.

At the Spa Pom, anything can be offered!

Gifts to define according to your budget and your desires.  
Valid for 6 months.



# Spa & Restaurant

Midday only.

\* Lunch & Spa : 59 € week / 69 € week-ends and holiday

Half-day access spa (any exit is definitve) + Lunch at the Domaine de Villeray

Based on the Menu of the Mill (Started, Plat, Fromage ou Dessert, 1 Verre de Vin & 1 Café).

\* Apple' Day week: 125 € / Apple' Day week-end : 135€

« Lunch & Spa » + care in choice during 50 min (+5 € on our selection 🍏)



## Supreme Royal Gala

Refreshing parenthesis for two 3h : 349 €

Enjoy our *private space* and share these different services as a duo:

*Milk Bath*

*Pom' Signature Massages 50 min*

*Face Cares 30 min*

*Two Champagne's cups*

*Jacuzzi*

A haven of peace for you alone.  
You can then enjoy the Spa Access.

# Cures

On 1 or 2 days. Spa access half-day included.

Every treatment include 10 minutes of installation and relaxation.

This duration is therefore deducted from the total duration of our care.

## \* Energy & Balance : 2h : 174 €

Evacuate stress and anxieties, release energies for lasting inner peace.

Stomach & face shiatsu 30 min, Abhyanga with candle Massage 1h & Face Care 30 min.

## \* Pomme de Jouvence : 2h30 : 214 €

Prevent the effects of the time because of the anti-aging cure. You will be shining of vitality.

Body scrub 30 min, Akane Ritual 1h30 & pom' signature 30 min.

## \* Pomme de Reinette : 3h : 254 €

The Apple to the fingertips.

Body scrub 30 min, abhyanga Massage 1h30 min, Face Care 1h.

## \* Pomme d'Api (futur Mother) : 3h : 254 €

Take care of your body with ours cares adaptaded for your needs to prepare your newborn baby's arrival. Ours products are without essentials oils.

Pregnant Woman Massage 1h, Hands and Feets Care 1h & Face Care 1h.

## \* Pom'Zai (for Mister) : 3h : 254 €

Wellbeing assured to free itself from daily anxieties and tensions.

Shiatsu Massage 1h30, Balinese Massage 1h & Face Care 30 min.

## \_\_\_\_\_ Massages \_\_\_\_\_

\* Pom' Signature : 25min : 49 € / 50min : 89 €

Soft and deep. Californian Massage customized according to the tension's zones and your needs of the moment. A parenthesis of relaxation for a comforting wellbeing.

\* Balinese : 50min : 89 €

Revitalizing and Circulating. Indonesian Massage of medium pressure that releases the muscular tensions, relaxes and sculpts the body. It provides an optimale relaxation.

\* Abhyanga with candle : 50min : 95 € / 1H20 : 135€

A fluid Massage came from Ayurvedic with medium pressure and hot oil candle. It evacuates the toxins and re-harmornizes the subtle energy for a deep relaxation.

\* Golden Delicious : 50min : 95 € / 1H20 : 135€

Sweet and comforting. An association of slides pressures with hot bags with apple pomace and really soft techniques. A real cocooning moment. **On reservation at least two days before.**

\* Pregnant Woman : 50min : 89 €

A refreshing parenthesis freeing the tensions. Activation of the bloodpressure for a lightness sensation. A customizer's Massage for a wellbeing moment.

## \_\_\_\_\_ Specific Massages \_\_\_\_\_

\* Shiatsu : 25min (Stomach & Face) : 49 € / 1h20 (All body) : 129 € / Cure 10h : 730€

This care is effectued by digitopressure and deep pressure to unblock the stress and balance the vital energy of body.

\* Kobido : 50min (Face) : 89 €

A Geisha beauty secret, this manual lifting stimulates the energetic circulation of the face, smoothes the lines and softens the muscles. The most calming Face Massage.

Foot reflexology : 50min : 89€

Reflex massage of the feet that provides a state of balance and harmony of body and mind.



## Face Cares

\* Akane Ritual : 1h20 : 129 €

A global anti-aging Japanese ceremony. Manual lifting ( Kobido ) associates with the product of regenerate cares to find a sooth, shine complexion and a relaxed mind.

\* The Essential : 25min : 49 € / 50min : 89 €

A really hydration and shining bath Face Care for your skin.

\* Youth Source : 25min : 49 € / 50min : 89 €

A soothing and plumping Face Care resolutely efficient to reduce fine lines and wrinkles.

\* Waterfall of Sweetness: 25min : 49€ / 50min : 89 €

Calming Face Care which put your sensitive skin to safty of the daily's aggressions.

## Body Cares

\* Body Scrub : 25min : 49 €

To find again a sweet, shining and without impurities skin because of the abrasive of the scrub. Associate this care to a hammam and the result will be optimized.

\* Beautiful Hands and Feet : Hands or Feet 25min : 49 € / Hands and Feet 50min : 89 €

Relax through a scrub followed by a soft wrap with a relaxing massage and then a moisturizing velvet, made with apple products.



Spa

Pom